

FALL 2021



CENTER FOR YOUTH DEVELOPMENT AND INTERVENTION (CYDI)



TAKE A PEEK!

OUR UPDATED NEWSLETTER
& WEBSITE OFFERS:

CURRENT RESEARCH STUDIES!

RAFFLE TICKET ENTRY!

PARENT RESOURCES!

PARENT WORKSHOPS!

AND MORE!

GO TO
CYDI@UA.EDU NOW!

CYDI REGISTRY

SIGN UP AT [CYDI.UA.EDU](https://cydi.ua.edu)!

Sign up for the **CYDI Registry** to be notified about studies as well as opportunities coming up, like 'parent night out' events, happening at CYDI! If there is a study that you may be eligible for, we will contact you to let you know.

Link: <https://cydi.ua.edu/> or scan the QR code!



WIN A \$100 NOW!!

ENTER THE RAFFLE NOW @ [CYDI.UA.EDU](https://cydi.ua.edu)
Enroll in the **CYDI Registry** for a chance to win **\$100**! We will award virtual gift cards, each worth \$100, to three lucky families from the registry on **September 15th**. Enroll now!

ARE YOU A MENTAL HEALTH PROVIDER, EDUCATOR, OR INTERESTED CITIZEN WHO WANTS TO BE A PARTNER OF THE CYDI?

We would like to work with you! Please become a CYDI community partner. We will keep you informed of initiatives to improve youth mental healthcare, working together to strengthen our community!

Fill out the survey in this link or scan the QR code:
<https://is.gd/CYDIsurvey>



Parent Resources

BACK TO SCHOOL

BACK TO SCHOOL ANXIETY DURING
COVID

[HTTPS://TINYURL.COM/52XCX3K6](https://tinyurl.com/52XCX3K6)

STRATEGIES FOR SUPPORTING
LEARNING AT HOME

[HTTPS://TINYURL.COM/MJFMKK7P](https://tinyurl.com/MJFMKK7P)

HOW TO GET FREE SCHOOL
SUPPLIES

[HTTPS://TINYURL.COM/HAMSDUC4](https://tinyurl.com/HAMSDUC4)

PARENTING ASSISTANCE LINE

[HTTPS://PAL.UA.EDU](https://pal.ua.edu)

**CONTACT
US**

WEBSITE: <http://cydi.ua.edu>

PHONE: (205) 348-3535

200 HACKBERRY LANE, MCMILLAN HALL
TUSCALOOSA, AL 35401

UPCOMING PARENT WORKSHOPS

GO TO
CYDI.UA.EDU
FOR MORE
INFO!

ELECTRONICS AND CHILDREN: HOW TO KEEP YOURS SAFE

- How to gauge if your child is having too much screen time
- How to keep your child safe from internet predators
- How to facilitate internet trust with your child

KEEPING CALM DURING FAMILY STRESS: STRATEGIES FOR COPING

- How to cope with daily stress as a parent
- Appropriate and inappropriate stressors to share with your child
- Tips on how to separate work/relationship/life stress and parenthood

PARENTING STRATEGIES: HOW TO IMPROVE LISTENING AND COOPERATION DURING THE ELEMENTARY-MIDDLE SCHOOL YEARS

- Correcting misbehavior without corporal punishment
- Overview of the different parenting styles and the pros/cons of each

STUDIES ACTIVELY RECRUITING AT THE CYDI!

EASE Research Study: Managing Emotions for Teens and Young Adults



WHAT:

Researchers at the University of Alabama and the University of Pittsburgh are interested in learning whether a new program helps teens and young adults with Autism Spectrum Disorders (ASD) manage emotions.

- Participants are randomly assigned to one of two therapy programs
- Participation involves individual sessions and online resources
- Participant payment for assessments

WHO IS ELIGIBLE:

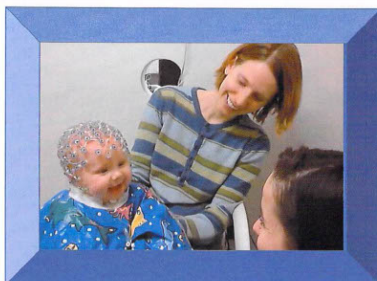
- Individuals age 12-21 with autism spectrum disorders and IQ above 75

FOR MORE INFORMATION:

Contact the Center for Youth Development and Intervention
npowell@UA.edu



205-348-3535



Help us learn about how the brain grows!

Our research uses:

- **Electroencephalography (EEG)** – a wet cap you wear
- **Eye tracking** to see where your eyes look
- **Computer games**

We work with people of all ages! Contact our lab to see if there is a study available for you.

Brain Research Across Development (B-RAD) Lab
(205) 348-4201 | Email: B_RAD.Laboratory@gmail.com

Visit our website to signup online:
<http://b-rad.ua.edu>

UA IRB Approved Document
Approval date: 6-29-21
Expiration date: 7-12-21

Join the Facial Affect Sensitivity Training (FAST) Study for Young Children (6-11 years old)

Receive up to \$300 for participation



Parents, does your child have difficulties with any of the following:

- Showing little or no concern for others
- Seeming unconcerned about how they do at school
- Not feeling bad when they do something wrong
- Not responding to punishment

This experimental research study by the Center for Youth Development & Intervention at the University of Alabama evaluates a novel intervention that uses a new computerized treatment to help children **between 6 and 11 years of age** with these difficulties. We pay as you go and parents will earn a total of \$300 for completing the entire study. Your child will earn a number of small toys and up to \$40 cash for participating.

You and your child will come to our clinic for five weeks plus a one-month follow-up visit. This includes three assessment sessions and up to 10 training sessions. Participation includes questionnaires and computer tasks.

For more information, call Kalyn Prothro at 205-348-2472
or e-mail fastclinicaltrial@ua.edu

UA IRB Approved Document
Approval date: 6-10-2021
Expiration date: 12-11-2021