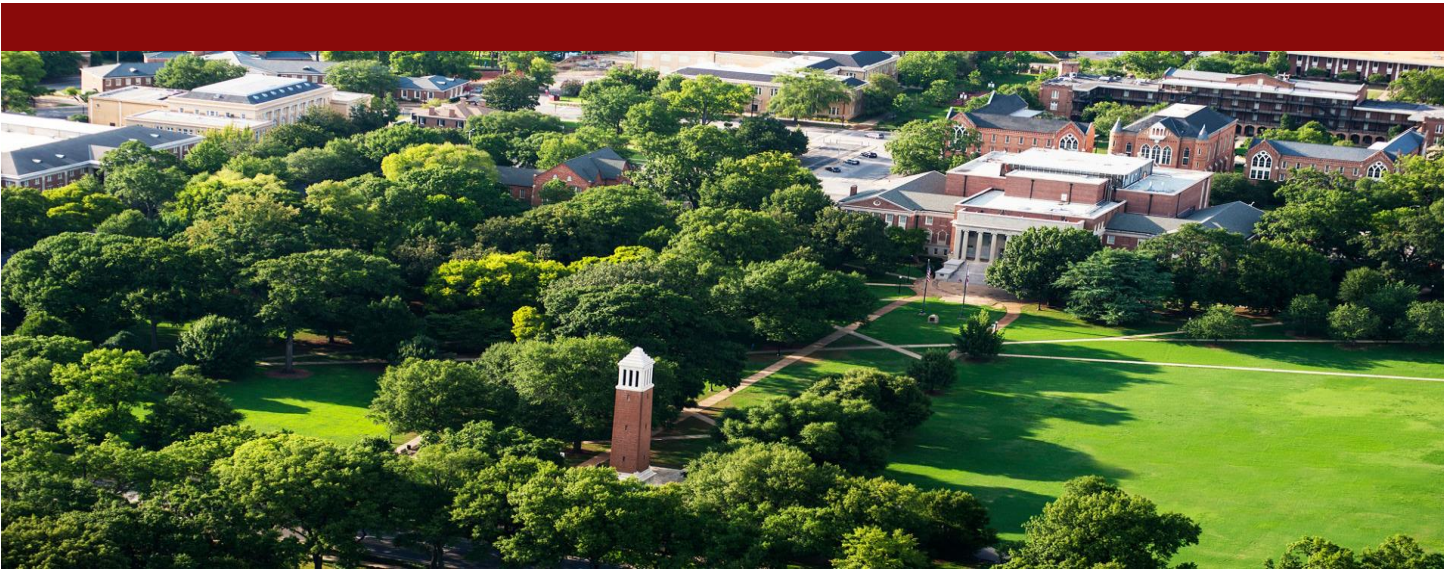


Center for Youth Development and Intervention (CYDI)

SPRING 2019



Director Spotlight: Dr. Susan White

Dr. Susan White moved to Alabama this past summer to join the University of Alabama. A licensed psychologist, Dr. White spent the last 10 years at Virginia Tech where she co-directed the university's Autism Clinic and directed the Child Assessment Clinic. Here at UA, she is the Doddridge Saxon Endowed Chairholder in Clinical Psychology and the Director of the Center for Youth Development and Intervention.

What do you study and why? Most of my research involves developing ways to help young people with autism and related conditions have more success socially. There is tremendous potential for growth, we just have to find the right approach for the given child (or adult) and be persistent.

What do you like best about Alabama so far? The lack of snow (I grew up in northern Michigan)! I have also been pleasantly surprised at how friendly most people are here.

What do you like to do in your free time? I have 2 sons (4th and 5th grade), so free time is limited. I enjoy chauffeuring them to all their activities, and I even (sometimes) enjoy scout camping trips. I also really enjoy running and baking



Our Mission

“The goal of the Center is to facilitate translational clinical science, targeting key processes in the prevention, remediation, and management of behavioral, emotional, and neurodevelopmental conditions from early childhood through early adulthood.”

We're Recruiting!

SENSE Theatre Intervention

We are studying the effects of two treatments developed for youth with ASD. Participants will be randomly assigned to one of two treatments:

SENSE Theatre is a performance-based intervention targeting social skills that includes trained peer actors and instruction in theatre techniques.

Tacking Teenage Training is an education program that teaches youth with ASD about psychological, social, and sexual development.

Criteria for inclusion:

- Ages 10-16 years old
- ASD Diagnosis

EASE

EASE is a one-on-one intervention designed to help teens and young adults with ASD manage their emotions. Participants will be assigned to one of two therapy programs, EASE or supportive therapy.

Criteria for inclusion:

- Ages 12-21 years old
- ASD diagnosis & average IQ

For more information on either study, contact Shane Jones by email (jones178@ua.edu) or by phone (205-348-3525)!

Community Corner

What's happening in Tuscaloosa this spring?

SENSE Theatre Production

5/31 @ 6:30PM | Tuscaloosa Academy

For info: Contact Shane Jones at jones178@ua.edu

We're on Social Media!!



@uacydi

Follow us on Facebook for the latest CYDI updates, events, and research.

Contact Us!



Website: <http://cydi.ua.edu>

Phone: (205) 348-3525

Physical Address:

200 Hackberry Lane, McMillan Hall
Tuscaloosa, AL 35401

The Regional Autism Network connects people with ASD, their families, educators, and service providers to information and/or services.



Contact Sylvia Hollins at ua-ran@ua.edu and find UA-RAN on Facebook (@UARAN2) for more info!

The UA Autism Cluster is a unique collaborative, cross-departmental approach to autism research at UA. Learn more about the UA Autism Cluster and their current research studies at their website: autismcluster.ua.edu!

