Increasing Structure In The Classroom

Adapted from *Visual Schedules*, 'How~To Templates' Series retrieved from
https://handsinautism.iupui.edu/pdf/How_To_Visual_Schedules.pdf

Schedules…
- Consist of pictures, objects, or words that represent major transitions during the day
- Are often displayed visually in the classroom to communicate changes in routine and facilitate transitions from one activity to the next
- May be communicated verbally as a reminder of upcoming transitions between tasks

Why use Schedules?
- Students with ASD struggle with flexibility and may not transition as well as their peers from one activity to the next.
- Providing your students with a visual schedule (and verbal reminders, as needed) will help them to prepare for the transition and minimize stress in the classroom
- Regular use of a daily schedule will increase independent functioning among students with ASD; rather than making them *less* flexible, use of a daily schedule will reduce their dependence on a particular routine and allow them to follow any given series of activities with increased comfort and self-assurance.
- Establishing a daily schedule in your classroom and communicating that schedule with your students will increase predictability and reduce day-to-day problem behaviors

Tips for Implementing a Schedule in your Classroom
1. Break the day (or class period) into several clear tasks and / or time periods
2. Be mindful of individual details, including minor steps as needed
3. Determine the best format based on skill level, interests, etc.
    a. See some options below
4. Determine the best location
    a. Transition area vs. front of the classroom vs. traveling schedule (clipboard; mobile phone, etc.)
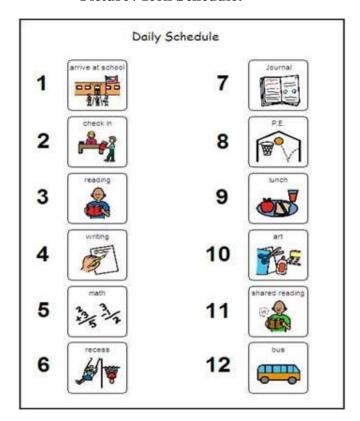

Learn More about Schedules Here:

Davies, C. (2008). Using visual schedules: A guide for parents. The Reporter, 14(1), 18-22., Retrieved from: https://www.iidc.indiana.edu/pages/using-visual-schedules-a-guide-for-parents

Sample Schedules:

Word Schedule:

Time	Activity	Am I ready for the day?
8:15-8:45	Breakfast Morning assignment	❑ Pencil sharpened
8:45-9:00	Spelling	
9:00-9:45	Math	❑ Homework completed
9:45-10:30	Science	❑
10:30-11:00	Band	❑
11:00-11:25	Study Hall	
11:25-11:55	English	**Do I have:**
11:55-12:25	Lunch	❑ Books
12:30-1:15	Social Studies	❑ Assignment book
1:15-2:00	Reading	❑ Homework
2:00-2:45	Computer	
2:55-3:10	Pack up to go home Load bus	

Picture / Icon Schedule:

Daily Schedule

1. arrive at school
2. check in
3. reading
4. writing
5. math
6. recess
7. Journal
8. P.E.
9. lunch
10. art
11. shared reading
12. bus

Object Schedule: